

Aims:

To ensure all children have a healthy meal at lunchtime.

To provide the maximum amount of free school meals to children in Early Years and Key Stage 1

To give parents peace of mind that children will have a balanced meal at lunchtime.

To encourage children to try different foods to the ones they may experience at home.

To help improve dental health.

Teacher's role:

To encourage the children to try different types of healthy food.

To promote the benefits of a healthy diet during class sessions.

To liaise with parents regarding their children's lunches, passing on information to the appropriate adult.

To keep the Headteacher informed of any areas of concern.

To support the children's choices by coming into the dining hall to speak to children and show an interest in their meals.

**Mill Lane Primary School EY and KS1
Lunch Policy Sept 2025**

All children in Reception Classes and Key Stage 1
Classes will have a free school meal

Two types of lunches will be provided:

A hot cooked meal, with vegetables and choice of dessert. There will be a choice of three hot meals every day except pizza and panini days, where different toppings will be available.

A cold sandwich lunch, with salad and choice of dessert. There will be a choice of four different fillings every day.

No children in Reception or Key Stage 1 will bring their own lunch to school as it will be provided free of charge.

Role of the Head teacher and Governing Body:

To check compliance of the Policy.

To meet and talk with parents about the impact of the policy.

To discuss with staff how far the policy is being successfully implemented.

Inform new parents to the school so that they are aware of the policy.

To ensure an up to date menu is displayed on the website.

Role of parents/carers:

To support the school in their aim of ensuring their child has a healthy school meal daily.

To encourage their children to try different foods.

To inform the school immediately if they have any concerns.

Role of pupils:

To ensure they have a balanced meal daily.

To inform their teacher or lunchtime supervisor if the choice is not to their liking.

To eat a healthy meal to be ready to learn.

Inclusion:

All children will have equal access to the choices on offer.

Children with allergies and special diet requirements will be catered for with a care plan.

Children who are slow eaters, will be given extra time to consume their lunch.