

## First Aid Week - Progression Grid - Whole School

Nursery	Reception	Year 1	Year 2	Year 3/4	Year 4/5	Year 5/6
Minimum learning is highlighted			Minimum vocabulary is in bold			
<p>To know the role of a <b>doctor</b> and <b>nurse</b> in a <b>hospital</b>.</p> <p>To know when a plaster is needed.</p>	<p><b>Making a call to emergency services</b></p> <p>To know who the emergency services are – fire, police, <b>ambulance</b>, <b>coastguard</b> and mountain rescue.</p> <p>To know when to ring the <b>emergency</b> services</p> <p>To know how to ring 999 only in an emergency</p> <p>To know how to speak clearly when giving information.</p>	<p><b>Head Injuries</b></p> <p>To know when to get medical help</p> <p>To look calmly after someone who has a head injury and ask them simple questions about <b>headaches</b>, <b>dizziness</b> and <b>confusion</b></p> <p>To know what a minor or serious head injury looks like.</p> <p>To know how to give first aid to a casualty if they have a head injury</p>	<p><b>Bites and Stings</b></p> <p>To know what animals can give bites and stings</p> <p>To know the symptoms of an <b>allergic reaction</b> such as a <b>rash</b>, rapid pulse and <b>swelling</b> of hands or face.</p> <p>To know what to do and how to help a casualty if they have had a bite or sting</p>	<p><b>Asthma</b></p> <p>To know the symptoms of someone who is having an <b>asthma attack</b> (<b>wheezing</b> and in <b>distress</b>)</p> <p>To know and <b>assess</b> and give first aid to someone suffering from an asthma attack</p> <p>To know when to seek medical help for a <b>casualty</b> who is choking</p>	<p><b>Bleeding</b></p> <p>To know how to keep themselves and others safe.</p> <p>To know how to assess a <b>casualty's condition</b> calmly and give first aid to someone who is bleeding by dressing a <b>wound</b>.</p> <p>To know how to give first aid and <b>reassure</b> a casualty who is in shock</p> <p>To know how to seek medical help if required for a casualty who is <b>bleeding</b></p>	<p><b>Choking</b></p> <p>To know that a casualty who is choking by checking if <b>airways</b> are <b>blocked</b></p> <p>To know how to assess and give first aid to a casualty who is <b>choking</b> by using an <b>abdominal thrust</b>.</p> <p>To know how to get medical help if required.</p>

See resources within planning folder or use: <https://www.sja.org.uk/get-advice/first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/>