

Anti Bullying Week Progression Grid - whole school

Nursery	Reception	Year 1	Year 2	Year 3/4	Year 4/5	Year 5/6
Minimum learning is highlighted			Minimum vocabulary is in bold			
Grid to be updated to reflect 2024 anti-bullying week resources from Anti-Bullying Alliance when they are released (Theme – Choose Respect)						
<p>To know that friends are usually kind to each other</p> <p>Kind = playing together, sharing, positive physical interaction</p>	<p>To know the difference between a friend and just someone we know?</p>	<p>To know what the word bullying means.</p> <p>Bullying is behaviour where there is a power imbalance and the unkind behaviour is repeated over time</p>	<p>To know what bullying is? (recap from year 1)</p>	<p>To know how to deal with bullying</p> <ul style="list-style-type: none"> - Tell an adult - Find a different group of friends - Talk to other people - Stand up to the bully <p>-be an “upstander” not a “bystander” (do not watch other being bullied)</p>	<p>To know how can we pre-empt or prevent bullying? (spot people who look not part of a group and engage them – notice changes in behaviour – watch for children forming groups/ganga)</p> <p>Recap what can make a bully act as they do – unhappiness, being bullied themselves, feelings of inadequacy etc</p>	<p>To know how bullying can impact a person’s future and their mental health?</p> <p>Explore why a person might be bullied more than once – decline in confidence and self esteem = easy target.</p>
<p>To know that friends can fall out but that this is normal and they most often become friend again</p>	<p>To know how good friends behave – they help us, care for us, ask about us, share with us (Twinkl powerpoint & resources)</p>	<p>To know that we fall out with our friends and why but this is not bullying</p> <ul style="list-style-type: none"> - Disagree in a game - Knock into someone - Want to be friends with someone else - Someone says something unkind to us 	<p>To know that gulling can be physical, verbal, social (leaving people out)</p>	<p>To know that giving bullies what they want leads to more bullying</p>	<p>To know what you may see in a person – controlling behaviour and other social cues etc that could indicate they may act as a bully</p>	<p>To know and demonstrate assertive interactions (not aggressive) – re-stating what you want or do not want “broken record technique”</p>
<p>To know that we have different kinds of friends – some are very close and some are people we play with sometimes</p>	<p>To know that we can be friends with lots of different people and no one can “own” a friend</p>	<p>To know when unkind behaviour turns into bullying (pol-ed ‘What is bullying?)</p>	<p>To know that bullying can make someone feel sad for a long time and that can impact their mental health</p>	<p>To know that bullies are often very unhappy and there is a reason for their actions (pol-ed ‘What is bullying?)</p>	<p>To know that choosing a certain group of friends or a certain interest may impact the types of people you would mix with and increase/decrease your chance of meeting a bully</p>	<p>To know how long term bullying could lead to sadness, low mood, depression, anxiety and potentially self harm</p>
Disciplinary Skill						
To know what it means to be a friend						
To know that bullying is more than falling out and includes a difference in power and a repeated pattern of behaviour						