

Aims:

- To ensure all children have a healthy meal at lunchtime.
- To provide the maximum amount of free school meals to children in Early Years and Key Stage 1
- To give parents peace of mind that children will have a balanced meal at lunchtime.
- To encourage children to try different foods to the ones they may experience at home.
- To help improve dental health.

Teacher's role:

- To encourage the children to try different types of healthy food.
- To promote the benefits of a healthy diet during class sessions.
- To liaise with parents regarding their children's lunches, passing on information to the appropriate adult.
- To keep the Headteacher informed of any areas of concern.
- To support the children's choices by coming into the dining hall to speak to children and show an interest in their meals.



EY and KS1 Lunch Policy

- All children in Reception Classes and Key Stage 1 Classes will have a free school meal
- Two types of lunches will be provided daily by the school, these will be;
 1. A hot cooked meal, with vegetables and choice of dessert. There will be a choice of three hot meals every day except pizza and panini days, where different toppings will be available.
 2. A cold sandwich lunch, with salad and choice of dessert. There will be a choice of five different fillings every day.

No children in Reception or Key Stage 1 will bring their own lunch to school as it will be provided free of charge.

Role of the Head teacher and Governing Body:

- To check compliance of the Policy.
- To meet and talk with parents about the impact of the policy.
- To discuss with staff how far the policy is being successfully implemented.
- Inform new parents to the school so that they are aware of the policy.
- To ensure an up to date menu is displayed on the website.

Role of parents/carers:

- To support the school in their aim of ensuring their child has a healthy school meal daily.
- To encourage their children to try different foods.
- To inform the school immediately if they have any concerns.

Role of pupils:

- To ensure they have a balanced meal daily.
- To inform their teacher or lunchtime supervisor if the choice is not to their liking.
- To eat a healthy meal to be ready to learn.

Inclusion:

- All children will have equal access to the choices on offer.
- Children with allergies and special diet requirements will be catered for after a care plan has been drawn up.
- Children who are slow eaters, will be given extra time to consume their lunch.
- Children will be allowed to choose their seat in the dining room.