

First Aid Week - Progression Grid - Whole School

Nursery	Reception	Year 1	Year 2	Year 3/4	Year 4/5	Year 5/6
Minimum learning is highlighted			Minimum vocabulary is in bold			
<p>To know the role of a doctor and nurse in a hospital.</p> <p>To know when a plaster is needed.</p>	<p>Making a call to emergency services</p> <p>To know who the emergency services are – fire, police, ambulance, coastguard and mountain rescue.</p> <p>To know when to ring the emergency services</p> <p>To ring 999 only in an emergency</p> <p>To speak clearly when giving information.</p>	<p>Head Injuries</p> <p>To know when to get medical help</p> <p>To look calmly after someone who has a head injury and ask them simple questions about headaches, dizziness and confusion</p> <p>Chn will be able to identify a minor or serious head injury.</p> <p>Chn will know how to give first aid to a casualty if they have a head injury</p>	<p>Bites and Stings</p> <p>To know what animals can give bites and stings</p> <p>Chn will be able to identify symptoms of an allergic reaction such as a rash, rapid pulse and swelling of hands or face.</p> <p>Chn will know what to do and how to help a casualty if they have had a bite or sting</p>	<p>Asthma</p> <p>To identify symptoms of someone who is having an asthma attack (wheezing and in distress)</p> <p>To assess and give first aid to someone suffering from an asthma attack</p> <p>To understand when to seek medical help for a casualty who is choking</p>	<p>Bleeding</p> <p>Chn will be able to ensure the safety of themselves and others</p> <p>To assess a casualty's condition calmly and give first aid to someone who is bleeding by dressing a wound.</p> <p>Chn can give first aid and reassure a casualty who is in shock</p> <p>To know how to seek medical help if required for a casualty who is bleeding</p>	<p>Choking</p> <p>Chn can identify a casualty who is choking by checking if airways are blocked</p> <p>To assess and give first aid to a casualty who is choking by using an abdominal thrust.</p> <p>To seek medical help if required</p>

See resources within planning folder or use: <https://www.sja.org.uk/get-advice/first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/>